

## Toileting and Nappy changing procedures

### Rationale

Keeping educators and children's high standard of hygiene is vital for everybody's wellbeing.

### **Quality Area 2: Each child's health is promoted.**

Standard 2:1:3 Effective hygiene practises are promoted and implemented.

### **Procedure for changing Children':**

- Educator will make sure that the supplies you need a ready, e.g Nappy, wipes, cleaning clothing (if needed), gloves, disinfectant and paper towel.
- Assist child who can climb to move up onto the change area using the steps. For children who cannot climb, observe safe handling practises. Place a piece of paper towel under the child's bottom.
- Always wear gloves when changing a nappy and change with each child.
- Place any soiled clothing into a sealed plastic bag.
- Remove the nappy
- Clean the child's bottom with a nappy wipe.
- Remove gloves by peeling them back from your wrists over the nappy and dispose of it into a nappy bag and into the nappy bin. Do not let your skin touch the outer contaminated surface of the gloves.
- Put on the clean nappy and dress the child.
- Remove the child from the bench, either lifting off the infant or encouraging a walking child to climb down the stairs.
- Clean the change mat with disinfectant and paper towels
- Child will wash their hands and you wash yours
- Record the time of the change on the toileting sheet.